

Age Group JUNE/JULY 2010

	Red	White	
		IMR	IMX
Fri 5/28/10	Games 4:30-6:00 All Swimmers		
Sat 5/29/10		10:00-11:30 Igloo	
Sun 5/30/10			
Mon 5/31/10	5:00-6:30 Igloo	5:00-6:30 Igloo	5:00-6:30 Igloo
Tues 6/1/10	6:30-7:30 Igloo	5:00-6:30 Igloo	
Wed 6/2/10	5:00-6:30 CLP	4:30-6:30 CLP	
Thurs 6/3/10	6:30-7:30 Igloo	4:00-5:30 Igloo	
Fri 6/4/10	GLOW STICK NIGHT @ Igloo 4:30-8:00PM \$10/swimmer		
Sat 6/5/10	OPEN WATER SWIM--Pinehurst--All Groups		
Sun 6/6/10			
Mon 6/7/10	4:00-5:00 Igloo	5:00-6:00 Igloo	5:00-6:00 Igloo
	(possibility to have practice at CLP--TBA)		
Tues 6/8/10	6:30-7:30 Igloo	5:00-6:30 Igloo	
Wed 6/9/10	5:00-6:30 CLP	4:15-6:30 CLP	
Thurs 6/10/10	5:00-6:00 Igloo	4:00-5:30 Igloo	
Fri 6/11/10	5:00-6:30 CLP	4:15-6:30 CLP	
Sat 6/12/10		10:30-12:00 Igloo	
Sun 6/13/10			
Mon 6/14/10	8:00-9:00 AM CLP	7:00-9:00 AM CLP	
	5:00-6:00 Igloo	4:30-6:00 PM Igloo	
Tues 6/15/10	8:00-9:00 AM CLP	7:00-9:00 AM CLP	
Wed 6/16/10		7:00-9:00 AM CLP	
	5:00-6:00 Igloo	4:30-6:00 PM Igloo	
Thurs 6/17/10	8:00-9:00 AM CLP	7:00-9:00 AM CLP	
Fri 6/18/10	FURNITURE CITY INVITATIONAL--CLP--ALL GROUPS		
Sat 6/19/10	FURNITURE CITY INVITATIONAL--CLP--ALL GROUPS		
Sun 6/20/10	FURNITURE CITY INVITATIONAL--CLP--ALL GROUPS		
Mon 6/21/10	8:00-9:00 AM CLP	7:00-9:00 AM CLP	
	5:00-6:00 Igloo	4:30-6:00 PM Igloo	
Tues 6/22/10	8:00-9:00 AM CLP	7:00-9:00 AM CLP	
Wed 6/23/10		7:00-9:00 AM CLP	
	5:00-6:00 Igloo	4:30-6:00 PM Igloo	
Thurs 6/24/10	8:00-9:00 AM CLP	7:00-9:00 AM CLP	
	After practice, all team breakfast and then bowling.		
Fri 6/25/10	8:00-9:00 AM CLP	7:00-9:00 AM CLP	
Sat 6/26/10	9:30-10:30 Igloo	9:30-10:30 Igloo	
Sun 6/27/10			

Mon 6/28/10	8:00-9:00 AM CLP	7:00-9:00 AM CLP
	5:00-6:00 Igloo	4:30-6:00 PM Igloo
Tues 6/29/10	8:00-9:00 AM CLP	7:00-9:00 AM CLP
Wed 6/30/10		7:00-9:00 AM CLP
	5:00-6:00 Igloo	4:30-6:00 PM Igloo
Thurs 7/1/10	8:00-9:00 AM CLP	7:00-9:00 AM CLP
Fri 7/2/10	All Team 4th of July Practice 7:00-9:00 @ CLP	
Sat 7/3/10	9:30-10:30 Igloo	9:30-10:30 Igloo
Sun 7/4/10		
Mon 7/5/10	8:00-9:00 AM CLP	7:00-9:00 AM CLP
	5:00-6:00 Igloo	4:30-6:00 PM Igloo
Tues 7/6/10	8:00-9:00 AM CLP	7:00-9:00 AM CLP
Wed 7/7/10		7:00-9:00 AM CLP
	5:00-6:00 Igloo	4:30-6:00 PM Igloo
Thurs 7/8/10	Louisville, KY 11& Over Team Travel, 10 & Under with families	
Fri 7/9/10	Louisville, KY 11& Over Team Travel, 10 & Under with families	
Sat 7/10/10	Louisville, KY 11& Over Team Travel, 10 & Under with families	
Sun 7/11/10	Louisville, KY 11& Over Team Travel, 10 & Under with families	
Mon 7/12/10	8:00-9:00 AM CLP	7:00-9:00 AM CLP
	5:00-6:00 Igloo	4:30-6:00 PM Igloo
Tues 7/13/10	8:00-9:00 AM CLP	7:00-9:00 AM CLP
Wed 7/14/10		7:00-9:00 AM CLP
	5:00-6:00 Igloo	4:30-6:00 PM Igloo
Thurs 7/15/10	8:00-9:00 AM CLP	7:00-9:00 AM CLP
Fri 7/16/10	8:00-9:00 AM CLP	7:00-9:00 AM CLP
	HiToms Baseball Game more details to follow 7:00PM	
Sat 7/17/10	9:30-10:30 Igloo	9:30-10:30 Igloo
Sun 7/18/10		
Mon 7/19/10	8:00-9:00 AM CLP	7:00-9:00 AM CLP
	5:00-6:00 Igloo	4:30-6:00 Igloo
Tues 7/20/10	8:00-9:00 AM CLP	7:00-9:00 AM CLP
Wed 7/21/10		7:00-9:00 AM CLP
	5:00-6:00 Igloo	4:30-6:00 Igloo
Thurs 7/22/10	8:00-9:00 AM CLP	4:30-6:00 Igloo
Fri 7/23/10	8:00-9:00 AM CLP	4:30-6:00 Igloo
Sat 7/24/10		
Sun 7/25/10		
Mon 7/26/10	8:00-9:00 AM CLP	7:00-9:00 AM CLP
Tues 7/27/10	8:00-9:00 AM CLP	7:00-9:00 AM CLP
Wed 7/28/10	3rd Annual Emerald Pointe Trip All Groups practice 7:00-9:00AM CLP	
Thurs 7/29/10	8:00-9:00 AM CLP	7:00-9:00 AM CLP

Fri 7/30/10	Tar Heel States, CLP--ALL GROUPS	
Sat 7/31/10	Tar Heel States, CLP--ALL GROUPS	
Sun 8/1/10	Tar Heel States, CLP--ALL GROUPS	