THE 13TH ANNUAL YSSC MAY LC COACHES INVITATIONAL
May 14-16, 2010

HOST: Y-Spartaquatics Swim Club & The Middle Tyger YMCA
Meet Referee: Perry Gentry
Meet Director: Peter Wright
Safety Marshalls: Brian and LeAnne DeYoung

LOCATION: Middle Tyger YMCA
720 Shoals Road
Duncan, SC 29334
864-433-9623

DATES/TIMES:

Friday	Warm-ups	3:30pm	Timed Finals	5:00pm
Saturday Morning	Warm-ups	7:00am	Timed Finals	8:15am
Saturday Afternoon	Warm-ups	1:00pm	Timed Finals	2:00pm
Sunday Morning	Warm-ups	7:00am	Timed Finals	8:15am
Saturday Afternoon	Warm-ups	1:00pm	Timed Finals	2:00pm

SANCTION: **Held under Sanction of USA Swimming issued by SC Swimming, Inc.**
Sanction Number: SC1068LC.

RULES: This meet is an open invitational. Unless otherwise noted herein, this meet shall be conducted with the current USA Swimming code and SCLSC rules and the information therein.

FACILITIES: The Middle Tyger YMCA Pool has eight (8) 50-meter lanes. The water depth of the competition course is six (6) feet, six (6) inches, measured from one (1) meter to five (5) meters, on the starting (near) end of the course, and four (4) feet, measured from one (1) meter to five (5) meters, at the far end of the course. The pool is bottom striped, wall targeted, and has non-turbulent lane lines. A fully automatic Colorado Timing System with backup, far-end splits and a 10-line scoreboard will be used. A three (3) lane 25-yard pool area will be available for continual warm-up / warm-down.

Parking will be available in the Middle Tyger Parking lot. Additional parking designed for special events has been added, and swim meet participants are encouraged to park in this area.

Spectators will be limited to designated areas. Bleacher seating will be available. Spectators may bring chairs, but the chairs cannot be used to reserve seats between sessions and may not be placed in front of the bleachers. All other areas will be considered the deck, on which only swimmers, officials, coaches and meet personnel are allowed.

ELIGIBILITY: All swimmers and teams must be currently registered members of USA Swimming, Inc. Age is to be determined by the first day of the meet.

ENTRY LIMIT: Each swimmer may enter four (4) events per day. The total entry limit will be based by session length. We will take entries until we have reached a four hour session. Teams not making the entry limit will be notified as soon as possible.

TIMING: **TIMING PROVIDED BY PALMETTO PRO TIMING**
http://www.gocukes.com/SubTabGeneric.jsp?team=scsyssc&_stabid_=5837

ENTRIES FORMAT: Only entries using Standard Data Interchange format (SDIF/SD3) will be accepted. Times must be listed to 1/100th. Entries files may be submitted by e-mail. You must also provide an entries list via mail or e-mail. Please refer to web site listed above to download events to team management software.

Entries must be submitted using long course meter times or with a no time entry.

Submit the completed Summary Sheet, an alphabetical listing of all swimmers with USA-S numbers from the LSC, and your payment in full to have your meet entry considered complete. Include last name, full first name, middle initial, and birth date of swimmer.
2010 YSSC MAY LC COACHES' INVITATIONAL
c/o Peter Wright
720 Shoals Rd
Duncan, SC 29334

**** *PLEASE SIGN RELEASE OF SIGNATURE.*

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ENTRY DEADLINE: Electronic (SDIF) entries must be submitted to Mike Ingraham (MEIngraham@Charter.net) and **be received no later than 7:00pm Tuesday, May 4, 2010.** Questions, up to the deadline, can be addressed to Peter Wright at 864-433-9623 or Mike Ingraham 864-431-4220. Teams are responsible for the delivery of entries on time. THIS MEET NORMALLY FILLS QUICKLY SO PLEASE RETURN YOUR ENTRIES AS SOON AS POSSIBLE.
**** *MEET DIRECTOR IS NOT RESPONSIBLE FOR CHASING DOWN ENTRIES.*

LATE ENTRIES: Deck entries will be allowed only if open lanes are available at $5.00 per entry. Swimmers not previously entered in the meet must provide proof of USA-S Membership for all deck entries.

ENTRY FEES: $10.00 Pool surcharge per swimmer
$2.00 SCLSC Travel/Program Fund fee per swimmer
$2.00 SCLSC Out-of-state fee per swimmer
$3.00 per event $6.00 per event for deck entry
Clubs should submit a single check payable to Y-Spartaquatics Swim Club for the full amount due. All fees must be paid prior to any swimmer entering the pool.

MEET FORMAT: **Meet management reserves the right to adjust number of heats, lanes, warm-up times, and number of sessions based on number of entries received.**

- Distance events are all events 400 meters and above. They will be positive check-in.
- Any swimmer who is positively checked-in for an event and does not swim will be disqualified for his/her next individual event.
- Swimmers must provide their own personnel to time and lap count for events 400 meters and longer.
- All events 200 and longer are positive check-in events and will be deck seeded.
- The check-in for deck seeded events will close 30 minutes prior to the scheduled start of that session.
- The 800 Freestyle and 400 Freestyle swum on Friday evening will be swum fast to slow alternating girls and boys. The 13&Over 400 IM's will be swum fast to slow alternating girls and boys. The 11-12 400IM on Sunday afternoon will be preceded by a ten (10) minute break and then will be swum fast to slow alternating girls and boys.

TIME TRIALS: Time Trials will not be offered.

AWARDS: No awards will be given out at the meet.

OFFICIALS: Individuals wishing to officiate should report to Clerk of Course 40 minutes prior to start time.

RELEASE: USA Swimming, South Carolina Swimming LSC, Y-Spartaquatics Swim Club, Middle Tyger YMCA, Palmetto Pro Timing, Inc., Augusta Swim Supply, and any volunteers and sponsor organizations shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

COACHES: Coaches must check in at Clerk of Course and provide current coaching credentials to be allowed on deck.

TIMERS: Timers from participating teams are encouraged and appreciated. Each swimmer in events 800 and over will be required to provide a timer, and if desired, a person to count.

WARM-UPS: Warm-ups will be based off of South Carolina Swimming LSC Policy & Procedures.

CONTACT: Peter Wright
720 Shoals Rd
Duncan, SC 29334
864-433-9623
scarletpete@hotmail.com

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Financial Summary Sheet

Meet Entry Fees Enclosed:

Surcharge per athlete		X $ 12.00	$
Out-of-state fee per athlete		X $2.00	$
Individual Entries		X $3.00	$
		Total	$

Make ONE check payable to Y-Spartaquatics Swim Club

Return this summary sheet with entry fees, roster, and entry forms to:

13th Annual YSSC May Long Course Coaches' Invitational
c/o Peter Wright
720 Shoals Rd
Duncan, SC 29334
864-433-9623 864-433-0226 (FAX)

Email Entry Files to: MEIngraham@Charter.net

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Coach: _____ Phone: _____ E-Mail: _____

Club: _____ Club Code: _____ LSC: _____

Mailing Address: _____
(For Final Results) _____
_____
_____

Secondary Contact Person:
Name: _____ Phone: _____ E-Mail: _____

Number of Coaches Attending Meet: _____

_____ _____
Signature Date

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Friday May 14, 2010
Warm-ups: 3:30pm – Timed Finals 5:00pm

Girls	Event	Boys
1	11 & Over 800 Freestyle	2
3	12 & Under 400 Freestyle	4

Saturday, May 15, 2010

Morning Session
Warm-Ups: 7:00am – Timed Finals: 8:15am

Girls	Event	Boys
5	13-14 100 Freestyle	6
7	15 & Over 100 Freestyle	8
9	13-14 200 IM	10
11	15 & Over 200 IM	12
13	13-14 200 Backstroke	14
15	15 & Over 200 Backstroke	16
17	13-14 100 Butterfly	18
19	15 & Over 100 Butterfly	20
21	13-14 200 Breaststroke	22
23	15 & Over 200 Breaststroke	24
25	13-14 400 Freestyle	26
27	15 & Over 400 Freestyle	28

Afternoon Session
Warm-ups: 1:00pm – Timed Finals: 2:00pm

Girls	Event	Boys
29	10 & Under 100 Backstroke	30
31	11-12 100 Backstroke	32
33	10 & Under 200 IM	34
35	11-12 200 IM	36
37	10 & Under 100 Freestyle	38
39	11-12 100 Freestyle	40
41	11-12 200 Butterfly	42
43	10 & Under 50 Breaststroke	44
45	11-12 50 Breaststroke	46
47	10 & Under 50 Butterfly	48
49	11-12 50 Butterfly	50
51	11-12 200 Breaststroke	52

Sunday, May 16, 2010

Morning Session
Warm-Ups: 7:00am – Timed Finals: 8:15am

Girls	Event	Boys
53	13-14 100 Breaststroke	54
55	15 & Over 100 Breaststroke	56
57	13-14 200 Freestyle	58
59	15 & Over 200 Freestyle	60
61	13-14 100 Backstroke	62
63	15 & Over 100 Backstroke	64
65	13-14 200 Butterfly	66
67	15 & 200 Butterfly	68
69	13-14 50 Freestyle	70
71	15 & Over 50 Freestyle	72
73	13-14 400 IM	74
75	15 & Over 400 IM	76

Afternoon Session
Warm-ups: 1:00pm – Timed Finals: 2:00pm

Girls	Event	Boys
77	10 & Under 100 Breaststroke	78
79	11-12 100 Breaststroke	80
81	10 & Under 200 Freestyle	82
83	11-12 200 Freestyle	84
85	11-12 200 Backstroke	86
87	10 & Under 100 Butterfly	88
89	11-12 100 Butterfly	90
91	10 & Under 50 Freestyle	92
93	11-12 50 Freestyle	94
95	10 & Under 50 Backstroke	96
97	11-12 50 Backstroke	98
99	11-12 400 IM	100